

APPETIZERS

LOADED TOTS

Golden fried tater tots topped with crispy onion straws, queso and drizzled with BBQ Sauce.
8.29 | 1680 Cal

Add your favorite BBQ meat.
3.00 | 220-440 Cal

BBQ PORK EGG ROLLS

Loaded with Pulled Pork, coleslaw and Pepper Jack cheese with a side of Smokin' Ranch dip. 8.79 | 1000 Cal

SMOKED WINGS

Original, Dry-Rubbed or slathered in your favorite BBQ sauce. 12.99 | 750-900 Cal

FL SMOKIN' CITRUS WINGS

Our Smoked Wings tossed in a bold citrusy and sweet sauce.
13.99 | 890 Cal

ALABAMA WHITE SAUCE WINGS

Our Smoked Wings tossed in a creamy and zesty white sauce.
13.99 | 1050 Cal

BBQ SANDWICHES

Served on a bun.

Regular | Large

SMOKED PORK

Sliced or Pulled.

510-890 Cal

7.59

9.99

SMOKED TURKEY

400/500 Cal

7.79

10.29

PULLED CHICKEN

430/540 Cal

8.29

10.79

BEEF BRISKET

Sliced (Lean) or Chopped (Marbled).

540-870 Cal

9.29

11.79

Make it a BIG DEAL

Add a Sidekick & soft drink for just 4.00 | 35-700 Cal

SIGNATURE BBQ

Served with BBQ beans, coleslaw and garlic bread.

SMOKED PORK

Sliced or Pulled.

13.59 | 1230/990 Cal

ST. LOUIS RIBS

Sweet & Smokey or House Dry-Rubbed Ribs.

17.29 | 1430/1280 Cal

BEEF BRISKET

Sliced (Lean) or Chopped (Marbled).

MKT | 1050/1210 Cal

BABY BACK RIBS

19.59 | 1360 Cal

SMOKED CHICKEN

13.59 | 980 Cal

All-white meat, add 1.00 | 1290 Cal

SMOKED TURKEY

13.59 | 840 Cal

PRIME RIB

Thurs-Sun 4PM to close.

22.99 | 1320 Cal

PULLED CHICKEN

13.59 | 880 Cal

SIGNATURE SANDWICHES

SWEET CAROLINA

Pulled Pork, coleslaw, and Mustard BBQ Sauce on a bun.
8.69 | 860 Cal

SONNY'S CUBAN

Pulled & Sliced Pork, Swiss cheese, pickles, and Mustard BBQ Sauce on garlic bread. 8.99 | 1090 Cal

CANDIED BACON BURGER

Chipotle candied bacon, American cheese, onion straws, and Sizzlin' BBQ Sauce on a bun. 10.49 | 1000 Cal

Sonny's Steakburger* 8.99 | 680-790 Cal

CANDIED BACON CHICKEN SANDWICH

Grilled chicken breast, Chipotle candied bacon, Swiss cheese, onion straws, and Mustard BBQ sauce on a bun.

10.49 | 710 Cal

Grilled Chicken Sandwich 8.99 | 390 Cal

SMOKIN' GUN

Jalapeno Cheddar Sausage, Chopped Brisket, banana peppers, red onion, Mustard BBQ Sauce on a bun.

10.99 | 810 Cal

PRIME RIB SANDWICH

Shave Prime Rib, creamy horseradish, Swiss cheese on garlic bread.

13.99 | 1120 Cal

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS. HAMBURGERS ARE COOKED TO ORDER.

PICK of the PIT COMBOS

Served with BBQ beans, coleslaw and garlic bread.

2 MEATS FOR 14.99 | 1040-1930 Cal

3 MEATS FOR 15.99 | 1320-2380 Cal

4 MEATS FOR 16.99 | 1610-2820 Cal

SMOKED PORK

SMOKED CHICKEN

SMOKED WINGS

JALAPEÑO CHEDDAR

SAUSAGE

BBQ CHICKEN TENDERS

ST. LOUIS RIBS (+1.50)

BABY BACK RIBS (+3.00)

BEEF BRISKET (+2.00)

GARDEN OF EATIN'

ADD YOUR FAVORITE BBQ MEAT. 3.00 | 150-450 Cal

BBQ SALAD

Mixed greens, grilled corn, tomato, cucumber, and Cheddar tossed with Ranch and topped with onion straws and Sweet BBQ Sauce.
8.99 | 720 Cal

BBQ COBB

Mixed greens, hard-boiled eggs, bacon bits, tomato, red onion and Pepper Jack cheese served with Smokin' Ranch.
8.99 | 720 Cal

SMOKIN' CAESAR

Chopped Romaine, croutons, Parmesan cheese and Smokin' BBQ Sauce served with Caesar dressing.
8.99 | 550 Cal

SIDEKICKS 2.99 each

SONNY'S BBQ BEANS
250 Cal

HOMEMADE COLESLAW
130 Cal

FRIES OR TOTS
480/530 Cal

MAC & CHEESE
320 Cal

BAKED SWEET POTATO
230 Cal

GREEN BEANS
30 Cal

BAKED POTATO
290 Cal

PREMIUM SIDES

FRIED OKRA
5.99 | 520 Cal

CORN NUGGETS
5.99 | 650 Cal

SIDE SALAD
3.49 | 290-540 Cal

 CANDIED BACON MAC & CHEESE
5.99 | 1030 Cal

 SKILLET POTATOES
5.99 | 760 Cal

BBQ BY THE POUND

BEEF BRISKET
MKT LB | 1320 Cal

PULLED PORK
14.29 LB | 1360 Cal

SLICED PORK
14.29 LB | 1180 Cal

SMOKED TURKEY
14.59 LB | 770 Cal

SWEET & SMOKEY
ST. LOUIS RIBS
16.99 LB | 1810 Cal

HOUSE DRY-RUBBED
ST. LOUIS RIBS
16.99 LB | 1610 Cal

BABY BACK RIBS
17.99 SLAB | 1490 Cal

WHOLE CHICKEN
13.99 | 1220 Cal

JALAPEÑO
CHEDDAR SAUSAGE
13.99 LB | 1410 Cal

DESSERTS

CINNAMON SUGAR DONUT HOLES

Shareable, hot donut holes served with a side of Signature Sweet Tea glaze.
4.99 | 1050 Cal

CHOCOLATE CHIP COOKIES

Two giant cookies baked fresh to order in-house.
3.99 | 1040 Cal

BANANA PUDDING

Fresh banana slices and our signature pudding topped with vanilla wafers and whipped cream.
3.99 | 320 Cal

CINNAMON APPLE BREAD PUDDING

Homemade bread pudding drizzled with sweet tea glaze.
4.99 | 480 Cal

BEVERAGES

COUNTRY-STYLE
LEMONADE
190 Cal

SWEET OR UNSWEET TEA
170/5 Cal



SODAS
0-230 Cal

BOTTLED WATER
0 Cal

BULK SIDEKICKS

SERVINGS:

Small feeds 3-4
Medium feeds 6-8
Large feeds 16-20

SONNY'S BBQ BEANS

Sm 5.49 | 680 Cal
Med 9.49 | 1370 Cal
Lg 24.99 | 3420 Cal

HOMEMADE COLESLAW

Sm 5.49 | 590 Cal
Med 9.49 | 1170 Cal
Lg 24.99 | 2930 Cal

MAC & CHEESE

Sm 5.99 | 910 Cal
Med 9.99 | 1810 Cal
Lg 25.99 | 4540 Cal

GREEN BEANS

Sm 5.49 | 110 Cal
Med 9.49 | 230 Cal
Lg 24.99 | 570 Cal

POTATO SALAD

Sm 5.49 | 910 Cal
Med 9.49 | 1810 Cal
Lg 24.99 | 2930 Cal

BROCCOLI

Sm 5.49 | 130 Cal
Med 9.49 | 260 Cal

SONNY'S
BBQ LOCAL
PITMASTERS
SINCE 1968

1501 3RD ST SW
WINTER HAVEN, FL 33880
1-863-358-0052
ORDERSONNYS.COM

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.