

APPETIZERS

LOADED TOTS

Golden fried tater tots topped with crispy onion straws, queso and drizzled with BBQ Sauce.
9.29 | 1680 Cal

Add your favorite BBQ meat.
4.00 | 220-440 Cal

BBQ PORK EGG ROLLS

Loaded with Pulled Pork, coleslaw and Pepper Jack cheese with a side of Smokin' Ranch dip. 9.99 | 1000 Cal

SMOKED WINGS

Original, Dry-Rubbed or slathered in your favorite BBQ sauce. 13.99 | 750-900 Cal

CHEESE CURDS

Tillamook Cheddar cheese curds tossed in dry rub, served with Smokin' Ranch.
5.99 | 980 Cal

SEASONAL WINGS

Smoked Wings tossed in a tangy Golden BBQ or Sweet Peach BBQ Sauce.
13.99 | 1060 Cal

BBQ SANDWICHES

Served on a bun.

Regular | Large

SMOKED PORK  ----- 8.99 10.99
Sliced or Pulled.
510-890 Cal

SMOKED TURKEY ----- 9.49 11.49
400/500 Cal

PULLED CHICKEN ----- 9.29 11.29
430/540 Cal


BEEF BRISKET  ----- 10.99 12.99
Sliced (Lean) or Chopped (Marbled).
540-870 Cal

Make it a **BIG DEAL** Add a Sidekick & soft drink for just 4.00 | 35-700 Cal

SIGNATURE BBQ

Served with BBQ beans, coleslaw and garlic bread.

SMOKED PORK  **ST. LOUIS RIBS**
Sliced or Pulled. Sweet & Smokey or House Dry-Rubbed Ribs.
14.99 | 1230/990 Cal 17.99 | 1430/1280 Cal

BEEF BRISKET  **BABY BACK RIBS**
Sliced (Lean) or Chopped (Marbled).
18.99 | 1050/1210 Cal 19.99 | 1360 Cal

SMOKED TURKEY **SMOKED CHICKEN**
14.99 | 840 Cal 15.29 | 980 Cal
All-white meat, add 2.00 | 1290 Cal

GLAZED CHICKEN **PULLED CHICKEN**
Sweet Peach BBQ Glazed Chicken
14.99 | 1120 Cal 14.99 | 880 Cal

SIGNATURE SANDWICHES

SWEET CAROLINA™

Pulled Pork, coleslaw, and Mustard BBQ Sauce on a bun.
9.79 | 860 Cal

SONNY'S CUBAN™

Pulled & Sliced Pork, Swiss cheese, pickles, and Mustard BBQ Sauce on garlic bread. 10.29 | 1090 Cal

CANDIED BACON BURGER*

Chipotle candied bacon, American cheese, onion straws, and Sizzlin' BBQ Sauce on a bun. 12.59 | 1000 Cal

Sonny's Steakburger* 10.59 | 680-790 Cal

CANDIED BACON CHICKEN SANDWICH

Grilled chicken breast, Chipotle candied bacon, Swiss cheese, onion straws, and Mustard BBQ sauce on a bun.
11.99 | 710 Cal

Grilled Chicken Sandwich 9.99 | 390 Cal

GOLDEN BBQ TENDER SANDWICH

Jumbo chicken tenders, tossed in a Golden BBQ Sauce, loaded with pickles on garlic bread.
8.99 | 780 Cal

BRISKET GRILLED CHEESE

Chopped Brisket, queso, and Cheddar cheese on garlic bread.
10.99 | 1110 Cal

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS. HAMBURGERS ARE COOKED TO ORDER.

PICK of the PIT COMBOS

Served with BBQ beans, coleslaw and garlic bread.

2 MEATS FOR 15.99 | 1040-1930 Cal
3 MEATS FOR 17.99 | 1320-2380 Cal
4 MEATS FOR 19.99 | 1610-2820 Cal

SMOKED PORK
SMOKED CHICKEN
SMOKED WINGS
JALAPEÑO CHEDDAR SAUSAGE

BBQ CHICKEN TENDERS
ST. LOUIS RIBS (+1.00)
BABY BACK RIBS (+4.00)
BEEF BRISKET (+2.00)



GARDEN OF EATIN'

ADD YOUR FAVORITE BBQ MEAT. 4.00 | 150-450 Cal

BBQ SALAD

Mixed greens, grilled corn, tomato, cucumber, and Cheddar tossed with Ranch and topped with onion straws and Sweet BBQ Sauce.

9.29 | 720 Cal

BBQ COBB

Mixed greens, hard-boiled eggs, bacon bits, tomato, red onion and Pepper Jack cheese served with Smokin' Ranch.

9.29 | 720 Cal

SMOKIN' CAESAR

Chopped Romaine, croutons, Parmesan cheese and Smokin' BBQ Sauce served with Caesar dressing.

9.29 | 550 Cal

SIDEKICKS 3.49 each

SONNY'S BBQ BEANS
250 Cal

HOMEMADE COLESLAW
130 Cal

FRIES OR TOTS
480/530 Cal

MAC & CHEESE
320 Cal

BAKED SWEET POTATO
230 Cal

GREEN BEANS
30 Cal

BROCCOLI
30 Cal

PREMIUM SIDES

FRIED OKRA
6.29 | 520 Cal

CORN NUGGETS
6.29 | 650 Cal

SIDE SALAD
4.99 | 290-540 Cal

 HOT LINK MAC & CHEESE
6.29 | 910 Cal

 ONION RINGS
5.99 | 910 Cal

BBQ BY THE POUND

BEEF BRISKET
23.99 LB | 1320 Cal

PULLED PORK
16.99 LB | 1360 Cal

SLICED PORK
16.99 LB | 1180 Cal

SMOKED TURKEY
16.99 LB | 770 Cal

SWEET & SMOKEY
ST. LOUIS RIBS
18.99 LB | 1810 Cal

HOUSE DRY-RUBBED
ST. LOUIS RIBS
18.99 LB | 1610 Cal

BABY BACK RIBS
19.99 SLAB | 1490 Cal

WHOLE CHICKEN
16.99 | 1220 Cal

JALAPEÑO
CHEDDAR SAUSAGE
16.59 LB | 1410 Cal

DESSERTS

CINNAMON SUGAR DONUT HOLES

Shareable, hot donut holes served with a side of Signature Sweet Tea glaze.

4.99 | 1050 Cal

CHOCOLATE CHIP COOKIES

Two giant cookies baked fresh to order in-house.

2.99 | 1040 Cal

BANANA PUDDING

Fresh banana slices and our signature pudding topped with vanilla wafers and whipped cream.

4.49 | 320 Cal

PEACH COBBLER EGG ROLLS

Our Peach Cobbler fried and served with whipped cream.

5.99 | 1050 Cal

BEVERAGES

COUNTRY-STYLE
LEMONADE
190 Cal

SWEET OR UNSWEET TEA 170/5 Cal



SODAS
0-230 Cal

BOTTLED WATER
0 Cal

BULK SIDEKICKS

SERVINGS:

Small feeds 3-4
Medium feeds 6-8
Large feeds 16-20

SONNY'S BBQ BEANS

Sm 7.49 | 680 Cal
Med 11.69 | 1370 Cal
Lg 26.99 | 3420 Cal

HOMEMADE COLESLAW

Sm 7.49 | 590 Cal
Med 11.69 | 1170 Cal
Lg 26.99 | 2930 Cal

MAC & CHEESE

Sm 7.49 | 910 Cal
Med 11.69 | 1810 Cal
Lg 26.99 | 4540 Cal

GREEN BEANS

Sm 7.49 | 110 Cal
Med 11.69 | 230 Cal
Lg 26.99 | 570 Cal

POTATO SALAD

Sm 7.49 | 910 Cal
Med 11.69 | 1810 Cal
Lg 26.99 | 2930 Cal

BROCCOLI

Sm 7.49 | 130 Cal
Med 11.69 | 260 Cal
Lg 26.99 | 650 Cal

SONNY'S
BBQ LOCAL
PITMASTERS
SINCE 1968

5001 - 20TH STREET
VERO BEACH, FL 32960
772 770 4190
ORDERSONNYS.COM

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.